**Health and Wellness Committee**

**Minutes from Thursday, April 12, 2018**

***In Attendance:*** *Regina Blosnich, ALW (Chairperson); Chrystal Roderick-FH/SMITH; Kathy Williams, Nurse/GP; Cassandra Gulino-MAS; Jeremy Keefer-AGN; Melissa Balchak-AGS; Shanon Leskinen –Parent Rep; Troy Golden, Administrator; Candy Jordon-Community Rep; Chris Pegg, Superintendent*

**Building Reports:**

**ALW** – Raised $5,179 for American Heart Association for *Jump Rope for the Heart*. Qualifying races are being held during PE for the district elementary track meet.

**FH** – Qualifying races are being held during PE for the district elementary track meet. Walking during recess.

**GP –** Biggest Loser contest with faculty. Qualifying races are being held during PE for the district elementary track meet.

**MAS** – Masontown Munchies program.Qualifying races are being held during PE for the district elementary track meet.

**SMITH –**Qualifying races are being held during PE for the district elementary track meet. Walking during recess. Power-Up continuing.

**AGN-** Fitness testing during PE classes. 6th and 7th grade-walking during enrichment period.

**AGS**  - Walking outside during enrichment period. Using the gym when they can for extra exercise for students.

**AGHS** – Tim Dye will be the new committee member from the high school.

**Parent Representative –** No report

**Adagio** –*Not Present*

**Fayette Drug & Alcohol –** *Not present*

**Central Office** – Troy Golden, Food Service Director, applied for a breakfast grant for Second Chance Breakfast- Grab & Go. He hopes to increase participation by 20% in each building for nutritious breakfast options.

**Old Business:**

**Building Healthy Schools Grant –** After school activities were held over the past several months and will continue through May. Activities are open to all employees.

Sessions were presented by the YMCA as part of the Act 80 schedule on March 29th.

Several walks are being planned for staff and parent participation. Additional information will be provided as they are scheduled.

**New Business:**

**Albert Gallatin Wellness Policy –** A final review by the committee was conducted and the revisions will be presented at the April board meeting for a first reading of the revised policy.

**Next Meeting: *TBA in September 2018***

**Thank you to all of the committee members for their time and assistance during this current school year.**